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Verruca Needling

What is it?

Verruca needling is a minor surgical procedure used for the treatment for stubborn or problematic verruca. The theory is; when the verruca is punctured with a needle, this pushes the viral particles deeper into the tissues, which can stimulate an immune response therefore clear the verruca. The procedure is usually performed once, but can be performed a second time if the lesion has not cleared.

As with any verruca treatment option it is not 100% guaranteed to clear the verruca, studies have shown that this method is around 70% effective, which is one of the most effective treatments for verruca.





We always put patients at the
centre of everything we do



Who is it suitable for?

Those with long standing, stubborn, or painful verrucae. Although a safe and low risk procedure, not everyone is suitable. Contraindications for this procedure include, uncontrolled diabetes, poor lower limb circulation, people on certain medications, people with a history of adverse reaction to local anaesthetic and those with needle phobia. If you have multiple verrucae often only the largest is targeted.

This type of procedure is not indicated in children, as previous papers have shown that there is a high chance of spontaneous resolution of verruca within this population.

What can I expect?

Firstly, you will need a thorough assessment, where your podiatrist will discuss your medical history, the procedure, and the associated risks and benefits with you in detail. If it is agreed between yourself and the podiatrist that the procedure is suitable for you, we can then book you in for needling.

Before the procedure, local anaesthetic is injected to numb the area of the verruca. Following this, the procedure will be pain free. The area is cleansed and then a sterile needle is used to puncture the lesion multiple times until no resistance is felt. The area is cleaned and dressed with a sterile dressing.

Aftercare advice will be reiterated to you, and you will be asked to return for a review appointment. Postoperative pain tends to be mild, if any, and some bruising or swelling may be experienced.

We may recommend you take paracetamol if pain is experienced following the procedure as anti-inflammatory drugs such as ibuprofen may hinder the immune response.

Prices

- Assessment - £52.50
- Verruca Needling - £230.00
 - 1 week follow up appointment – included
 - 6 month follow up appointment - included

To arrange an assessment please e-mail office@chirobody.co.uk
or call 0330 088 4222.

Save £5 by [booking an appointment online.](#)



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